



8. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 27.04.2013

Detailed evaluation

Bruns, Heike

Club: TV Beckum Wersewalker

Number: 1057

Course: 13.00 km

Nordic Walking

Total time: 1:53:33

Speed: 6.87 km/h

metres in height up: 442

Course score: 19.63

performance score: 135 Points