



8. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 27.04.2013

Detailed evaluation

Erdelt, Hildergard

Club: Fissenknicker-Lauf-treff

Number: 1082

Course: 13.00 km

Nordic Walking

Total time: 1:42:32

Speed: 7.61 km/h

metres in height up: 442

Course score: 19.63

performance score: 149 Points