



8. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 27.04.2013

Detailed evaluation

Firniß, Klaus

Club: Walking-Treff Möhnensee e. V.

Number: 1005

Course: 13.00 km

Walking

Total time: 2:02:57

Speed: 6.34 km/h

metres in height up: 442

Course score: 19.63

performance score: 125 Points