



8. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 27.04.2013

Detailed evaluation

Freund, Heinrich

Club: BTC Herne

Number: 1081

Course: 13.00 km

Walking

Total time: 1:44:56

Speed: 7.43 km/h

metres in height up: 442

Course score: 19.63

performance score: 146 Points