



8. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 27.04.2013

Detailed evaluation

Günther-Borstel, Luzie

Club: Laufteam Gescher

Number: 1050

Course: 13.00 km

Walking

Total time: 1:45:40

Speed: 7.38 km/h

metres in height up: 442

Course score: 19.63

performance score: 145 Points