



8. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 27.04.2013

Detailed evaluation

hach, brigitte

Club: wt-soest

Number: 1049

Course: 13.00 km

Walking

Total time: 1:47:25

Speed: 7.26 km/h

metres in height up: 442

Course score: 19.63

performance score: 143 Points