



8. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 27.04.2013

Detailed evaluation

Hansen-Röhe, Helmut

Club: Team NRW

Number: 2012

Course: 18.00 km

Nordic Walking

Total time: 2:18:14

Speed: 7.81 km/h

metres in height up: 712

Course score: 28.68

performance score: 224 Points