



## 8. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 27.04.2013

### Detailed evaluation

Heckmann, Edgar

Club: LSF-Unna-2000

Number: 1000

Course: 13.00 km

Walking

Total time: 1:46:30

Speed: 7.32 km/h

metres in height up: 442

Course score: 19.63

performance score: 144 Points