



## 8. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 27.04.2013

### Detailed evaluation

Heckmann, Dagmar

Club: LSF-Unna-2000

Number: 1047

Course: 13.00 km

Walking

Total time: 1:56:46

Speed: 6.68 km/h

metres in height up: 442

Course score: 19.63

performance score: 131 Points