



8. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 27.04.2013

Detailed evaluation

Heimann, Michael

Club: LSF-Unna-2000

Number: 1019

Course: 13.00 km

Nordic Walking

Total time: 1:44:21

Speed: 7.47 km/h

metres in height up: 442

Course score: 19.63

performance score: 147 Points