



8. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 27.04.2013

Detailed evaluation

Hellweg, Burkhard

Club: TV Beckum Wersewalker

Number: 7000

Course: 7.00 km

Walking

Total time: 54:26

Speed: 7.72 km/h

metres in height up: 263

Course score: 10.95

performance score: 84 Points