



8. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 27.04.2013

Detailed evaluation

Herud, Fawzie

Club: Walkingtreff Lünen

Number: 1048

Course: 13.00 km

Walking

Total time: 1:51:25

Speed: 7.00 km/h

metres in height up: 442

Course score: 19.63

performance score: 137 Points