



8. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 27.04.2013

Detailed evaluation

Kochskämper, Siegfried

Club: TV Beckum Wersewalker

Number: 2023

Course: 18.00 km

Nordic Walking

Total time: 2:25:40

Speed: 7.41 km/h

metres in height up: 712

Course score: 28.68

performance score: 213 Points