



20. Vöhler Abendlauf  
Vöhl / 30.04.2013

Detailed evaluation

Labuhn, Christian

Club: TSV Schmillinghausen

Number: 62

Course: 10.00 km

10 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 45:55

Speed: 13.07 km/h

Running performance: 4:35 min/km

Rank in course/Total: 30 (of 60)

Rank in course/Men: 29 (of 44)

Best time in course: 35:30

Rank in category: 4(of 5)

Best time in the category: 37:23