



20. Vöhler Abendlauf
Vöhl / 30.04.2013

Detailed evaluation

Ludwig, Harald

Club: SV Blau Weiß Dodenhausen
Number: 65

Course: 10.00 km
10 km Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 46:07

Speed: 13.01 km/h
Running performance: 4:37 min/km

Rank in course/Total: 32 (of 60)

Rank in course/Men: 31 (of 44)

Best time in course: 35:30

Rank in category: 1(of 4)

Best time in the category: 46:07