



20. Vöhler Abendlauf
Vöhl / 30.04.2013

Detailed evaluation

Wege, Carmella

Club: SV Dodenhausen
Number: 43

Course: 10.00 km
10 km Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 46:09

Speed: 13.00 km/h
Running performance: 4:37 min/km

Rank in course/Total: 33 (of 60)
Rank in course/Women: 2 (of 16)
Best time in course: 43:07

Rank in category: 1(of 4)
Best time in the category: 46:09