



20. Vöhler Abendlauf
Vöhl / 30.04.2013

Detailed evaluation

Dehnert, Harry

Club: Rosenthal

Number: 941

Course: 10.00 km

10 km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 48:52

Speed: 12.28 km/h

Running performance: 4:53 min/km

Rank in course/Total: 40 (of 60)

Rank in course/Men: 36 (of 44)

Best time in course: 35:30

Rank in category: 14(of 16)

Best time in the category: 36:33