



20. Vöhler Abendlauf
Vöhl / 30.04.2013

Detailed evaluation

Kwyk, Thomas

Club: Schützenverein Battenberg
Number: 82

Course: 10.00 km
10 km Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 52:17

Speed: 11.48 km/h
Running performance: 5:14 min/km

Rank in course/Total: 49 (of 60)

Rank in course/Men: 40 (of 44)

Best time in course: 35:30

Rank in category: 15(of 16)

Best time in the category: 36:33