



20. Vöhler Abendlauf
Vöhl / 30.04.2013

Detailed evaluation

Braun, Günter

Club: LT Korbach
Number: 54

Course: 10.00 km
10 km Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 53:53

Speed: 11.14 km/h
Running performance: 5:23 min/km

Rank in course/Total: 52 (of 60)

Rank in course/Men: 41 (of 44)

Best time in course: 35:30

Rank in category: 3(of 4)

Best time in the category: 46:07