



20. Vöhler Abendlauf
Vöhl / 30.04.2013

Detailed evaluation

Prozellen, Annette

Club: TSV Schmillinghausen
Number: 35

Course: 10.00 km
10 km Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 59:55

Speed: 10.01 km/h
Running performance: 5:59 min/km

Rank in course/Total: 57 (of 60)
Rank in course/Women: 14 (of 16)
Best time in course: 43:07

Rank in category: 4(of 4)
Best time in the category: 49:00