



20. Vöhler Abendlauf
Vöhl / 30.04.2013

Detailed evaluation

Schwarz, Stefanie

Number: 46

Course: 10.00 km
10 km Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 1:01:43

Speed: 9.72 km/h

Running performance: 6:10 min/km

Rank in course/Total: 58 (of 60)

Rank in course/Women: 15 (of 16)

Best time in course: 43:07

Rank in category: 4(of 4)

Best time in the category: 46:09