



20. Vöhler Abendlauf
Vöhl / 30.04.2013

Detailed evaluation

Zander, Jürgen

Club: SRS

Number: 55

Course: 10.00 km

10 km Lauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:05:12

Speed: 9.20 km/h

Running performance: 6:31 min/km

Rank in course/Total: 59 (of 60)

Rank in course/Men: 44 (of 44)

Best time in course: 35:30

Rank in category: 4(of 4)

Best time in the category: 46:07