



20. Vöhler Abendlauf
Vöhl / 30.04.2013

Detailed evaluation

Paetsch, Johanna

Club: TSV Schmillinghausen

Number: 42

Course: 10.00 km

10 km Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:10:28

Speed: 8.51 km/h

Running performance: 7:03 min/km

Rank in course/Total: 60 (of 60)

Rank in course/Women: 16 (of 16)

Best time in course: 43:07

Rank in category: 4(of 4)

Best time in the category: 43:07