



20. Vöhler Abendlauf  
Vöhl / 30.04.2013

Detailed evaluation

Simon, Jonas

Club: LG Eder  
Number: 95

Course: 5.00 km  
5 km Lauf

Category:  
männliche Jugend U18 (16-17 Jahre)

Total time: 17:35

Speed: 17.06 km/h  
Running performance: 3:31 min/km

Rank in course/Total: 2 (of 59)

Rank in course/Men: 2 (of 41)

Best time in course: 16:25

Rank in category: 1(of 8)

Best time in the category: 17:35