



20. Vöhler Abendlauf
Vöhl / 30.04.2013

Detailed evaluation

Schröder, Roland

Club: USV Baunatal
Number: 420

Course: 5.00 km
5 km Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 17:44

Speed: 16.92 km/h
Running performance: 3:33 min/km

Rank in course/Total: 3 (of 59)

Rank in course/Men: 3 (of 41)

Best time in course: 16:25

Rank in category: 1(of 3)

Best time in the category: 17:44