



20. Vöhler Abendlauf
Vöhl / 30.04.2013

Detailed evaluation

Beranek, Andrea

Club: TV Marienhagen

Number: 119

Course: 5.00 km

5 km Lauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 21:25

Speed: 14.01 km/h

Running performance: 4:17 min/km

Rank in course/Total: 14 (of 59)

Rank in course/Women: 1 (of 18)

Best time in course: 21:25

Rank in category: 1(of 2)

Best time in the category: 21:25