



20. Vöhler Abendlauf
Vöhl / 30.04.2013

Detailed evaluation

Rösner, Hiltrud

Club: SV Herzhausen
Number: 969

Course: 5.00 km
5 km Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 25:07

Speed: 11.94 km/h
Running performance: 5:01 min/km

Rank in course/Total: 29 (of 59)
Rank in course/Women: 7 (of 18)
Best time in course: 21:25

Rank in category: 1(of 1)
Best time in the category: 25:07