



20. Vöhler Abendlauf  
Vöhl / 30.04.2013

Detailed evaluation

Grabarz, Klaus Dieter

Club: TV Lelbech  
Number: 418

Course: 5.00 km  
5 km Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 25:15

Speed: 11.88 km/h  
Running performance: 5:03 min/km

Rank in course/Total: 31 (of 59)

Rank in course/Men: 23 (of 41)

Best time in course: 16:25

Rank in category: 1(of 1)

Best time in the category: 25:15