



20. Vöhler Abendlauf
Vöhl / 30.04.2013

Detailed evaluation

Mertens, Ramona

Club: TSV 09 Twiste
Number: 406

Course: 5.00 km
5 km Lauf

Category:
weibliche Jugend U18 (16-17 Jahre)

Total time: 26:12

Speed: 11.45 km/h
Running performance: 5:14 min/km

Rank in course/Total: 37 (of 59)
Rank in course/Women: 11 (of 18)
Best time in course: 21:25

Rank in category: 1(of 1)
Best time in the category: 26:12