



20. Vöhler Abendlauf
Vöhl / 30.04.2013

Detailed evaluation

Jackowski, Timo

Club: LT Medebach
Number: 963

Course: 5.00 km
5 km Lauf

Category:
männliche Jugend U18 (16-17 Jahre)

Total time: 26:52

Speed: 11.17 km/h
Running performance: 5:22 min/km

Rank in course/Total: 39 (of 59)

Rank in course/Men: 28 (of 41)

Best time in course: 16:25

Rank in category: 7(of 8)

Best time in the category: 17:35