



20. Vöhler Abendlauf
Vöhl / 30.04.2013

Detailed evaluation

Wrana, Dieter

Club: TSV Gellershausen
Number: 88

Course: 5.00 km
5 km Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 27:17

Speed: 11.00 km/h
Running performance: 5:28 min/km

Rank in course/Total: 40 (of 59)

Rank in course/Men: 29 (of 41)

Best time in course: 16:25

Rank in category: 3(of 5)

Best time in the category: 22:11