



20. Vöhler Abendlauf  
Vöhl / 30.04.2013

Detailed evaluation

Schmermund, Simone

Club: SV Dodenhäusen  
Number: 410

Course: 5.00 km  
5 km Lauf

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 27:28

Speed: 10.92 km/h  
Running performance: 5:29 min/km

Rank in course/Total: 41 (of 59)  
Rank in course/Women: 12 (of 18)  
Best time in course: 21:25

Rank in category: 2(of 2)  
Best time in the category: 22:07