



20. Vöhler Abendlauf  
Vöhl / 30.04.2013

Detailed evaluation

Pollmächer, Manfred

Club: TV Lelbach

Number: 39

Course: 5.00 km

5 km Lauf

Category:

Senioren M70 (70-74 Jahre)

Total time: 27:28

Speed: 10.92 km/h

Running performance: 5:29 min/km

Rank in course/Total: 42 (of 59)

Rank in course/Men: 30 (of 41)

Best time in course: 16:25

Rank in category: 1(of 2)

Best time in the category: 27:28