



20. Vöhler Abendlauf  
Vöhl / 30.04.2013

Detailed evaluation

Horsel, Inge

Club: LG Eder  
Number: 405

Course: 5.00 km  
5 km Lauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 30:36

Speed: 9.80 km/h  
Running performance: 6:07 min/km

Rank in course/Total: 49 (of 59)  
Rank in course/Women: 13 (of 18)  
Best time in course: 21:25

Rank in category: 3(of 4)  
Best time in the category: 24:29