



20. Vöhler Abendlauf
Vöhl / 30.04.2013

Detailed evaluation

Horsel, Inge

Club: LG Eder
Number: 405

Course: 5.00 km
5 km Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 30:36

Speed: 9.80 km/h
Running performance: 6:07 min/km

Rank in course/Total: 49 (of 59)
Rank in course/Women: 13 (of 18)
Best time in course: 21:25

Rank in category: 3(of 4)
Best time in the category: 24:29