



20. Vöhler Abendlauf
Vöhl / 30.04.2013

Detailed evaluation

Gleis, Brigitte

Club: TSV Gemünden / W
Number: 413

Course: 5.00 km
5 km Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 30:42

Speed: 9.77 km/h
Running performance: 6:08 min/km

Rank in course/Total: 50 (of 59)
Rank in course/Women: 14 (of 18)
Best time in course: 21:25

Rank in category: 4(of 4)
Best time in the category: 24:29