



20. Vöhler Abendlauf
Vöhl / 30.04.2013

Detailed evaluation

Böske, Wilfried

Club: Marsberg
Number: 416

Course: 5.00 km
5 km Lauf

Category:
Senioren M75 (75 und älter)

Total time: 40:46

Speed: 7.36 km/h
Running performance: 8:09 min/km

Rank in course/Total: 57 (of 59)

Rank in course/Men: 39 (of 41)

Best time in course: 16:25

Rank in category: 4(of 4)

Best time in the category: 27:40