



20. Vöhler Abendlauf
Vöhl / 30.04.2013

Detailed evaluation

Lenski, Dietmar

Club: LG Eder
Number: 423

Course: 5.00 km
5 km Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 45:33

Speed: 6.59 km/h
Running performance: 9:07 min/km

Rank in course/Total: 58 (of 59)

Rank in course/Men: 40 (of 41)

Best time in course: 16:25

Rank in category: 5(of 5)

Best time in the category: 22:11