



20. Vöhler Abendlauf
Vöhl / 30.04.2013

Detailed evaluation

Hellwig, Lars - Erik

Club: SC Willingen

Number: 40

Course: 2.00 km

Schülerlauf lang

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 7:34

Speed: 15.86 km/h

Running performance: 3:47 min/km

Rank in course/Total: 4 (of 18)

Rank in course/Men: 4 (of 12)

Best time in course: 7:11

Rank in category: 4(of 10)

Best time in the category: 7:11