



20. Vöhler Abendlauf  
Vöhl / 30.04.2013

Detailed evaluation

Ide, Natascha

Club: TSV 1905 Remsfeld  
Number: 100

Course: 2.00 km  
Schülerlauf lang

Category:  
weibliche Jugend U14 (12-13 Jahre)

Total time: 9:22

Speed: 12.81 km/h  
Running performance: 4:41 min/km

Rank in course/Total: 14 (of 18)

Rank in course/Women: 3 (of 6)

Best time in course: 8:08

Rank in category: 3(of 6)

Best time in the category: 8:08