



20. Vöhler Abendlauf
Vöhl / 30.04.2013

Detailed evaluation

Stiebig, Normen

Club: SV Blau-Weiß Dodenhausen
Number: 957

Course: 10.00 km
10 km Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 37:23

Speed: 16.05 km/h
Running performance: 3:44 min/km

Rank in course/Total: 6 (of 60)

Rank in course/Men: 6 (of 44)

Best time in course: 35:30

Rank in category: 1(of 5)

Best time in the category: 37:23