



20. Vöhler Abendlauf  
Vöhl / 30.04.2013

Detailed evaluation

Look, Andreas

Club: TV 05 Wetter  
Number: 77

Course: 10.00 km  
10 km Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 38:05

Speed: 15.75 km/h  
Running performance: 3:49 min/km

Rank in course/Total: 8 (of 60)

Rank in course/Men: 8 (of 44)

Best time in course: 35:30

Rank in category: 4(of 16)

Best time in the category: 36:33