



20. Vöhler Abendlauf
Vöhl / 30.04.2013

Detailed evaluation

Reger, Franz

Club: SV Dodenhausen
Number: 67

Course: 10.00 km
10 km Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 39:20

Speed: 15.25 km/h
Running performance: 3:56 min/km

Rank in course/Total: 10 (of 60)

Rank in course/Men: 10 (of 44)

Best time in course: 35:30

Rank in category: 5(of 16)

Best time in the category: 36:33