



20. Vöhler Abendlauf
Vöhl / 30.04.2013

Detailed evaluation

Seiwert, Oliver

Club: SV Dodenhausen

Number: 81

Course: 10.00 km

10 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 39:54

Speed: 15.04 km/h

Running performance: 3:59 min/km

Rank in course/Total: 11 (of 60)

Rank in course/Men: 11 (of 44)

Best time in course: 35:30

Rank in category: 2(of 5)

Best time in the category: 37:23