



20. Vöhler Abendlauf  
Vöhl / 30.04.2013

Detailed evaluation

Kohl, Walter

Club: SV Dodenhausen

Number: 53

Course: 10.00 km

10 km Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 40:39

Speed: 14.76 km/h

Running performance: 4:04 min/km

Rank in course/Total: 12 (of 60)

Rank in course/Men: 12 (of 44)

Best time in course: 35:30

Rank in category: 1(of 3)

Best time in the category: 40:39