



20. Vöhler Abendlauf  
Vöhl / 30.04.2013

Detailed evaluation

Schulze, Bernd

Club: LT Medebach

Number: 70

Course: 10.00 km

10 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 40:44

Speed: 14.73 km/h

Running performance: 4:04 min/km

Rank in course/Total: 13 (of 60)

Rank in course/Men: 13 (of 44)

Best time in course: 35:30

Rank in category: 2(of 4)

Best time in the category: 35:30