



20. Vöhler Abendlauf  
Vöhl / 30.04.2013

Detailed evaluation

Knipp, Thomas

Club: Goddelsheim

Number: 93

Course: 10.00 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 41:55

Speed: 14.31 km/h

Running performance: 4:11 min/km

Rank in course/Total: 17 (of 60)

Rank in course/Men: 17 (of 44)

Best time in course: 35:30

Rank in category: 3(of 5)

Best time in the category: 36:02