



20. Vöhler Abendlauf  
Vöhl / 30.04.2013

Detailed evaluation

Junk, Norbert

Club: TV 05 Wetter

Number: 51

Course: 10.00 km

10 km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 43:00

Speed: 13.95 km/h

Running performance: 4:18 min/km

Rank in course/Total: 20 (of 60)

Rank in course/Men: 20 (of 44)

Best time in course: 35:30

Rank in category: 8(of 16)

Best time in the category: 36:33