



20. Vöhler Abendlauf
Vöhl / 30.04.2013

Detailed evaluation

Winkler, Frank

Club: TV 05 Wetter
Number: 52

Course: 10.00 km
10 km Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 43:02

Speed: 13.94 km/h
Running performance: 4:18 min/km

Rank in course/Total: 21 (of 60)

Rank in course/Men: 21 (of 44)

Best time in course: 35:30

Rank in category: 9(of 16)

Best time in the category: 36:33