



20. Vöhler Abendlauf
Vöhl / 30.04.2013

Detailed evaluation

Neugebauer, Thomas

Club: TV 05 Wetter

Number: 48

Course: 10.00 km

10 km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 43:05

Speed: 13.93 km/h

Running performance: 4:19 min/km

Rank in course/Total: 23 (of 60)

Rank in course/Men: 23 (of 44)

Best time in course: 35:30

Rank in category: 10(of 16)

Best time in the category: 36:33