



20. Vöhler Abendlauf
Vöhl / 30.04.2013

Detailed evaluation

Hofeditz, Lars

Club: TV Marienhagen

Number: 83

Course: 10.00 km

10 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 44:44

Speed: 13.41 km/h

Running performance: 4:28 min/km

Rank in course/Total: 26 (of 60)

Rank in course/Men: 25 (of 44)

Best time in course: 35:30

Rank in category: 3(of 4)

Best time in the category: 35:30